

Departure and arrival:

S. Benedetto in Alpe

Public transport:

LINE 127 departing from Forlì (Start Romagna)

Support facilities:

Agriturismo Eremo dei Toschi and Rifugio Casa Ponte

Difficulty: 3



First day:

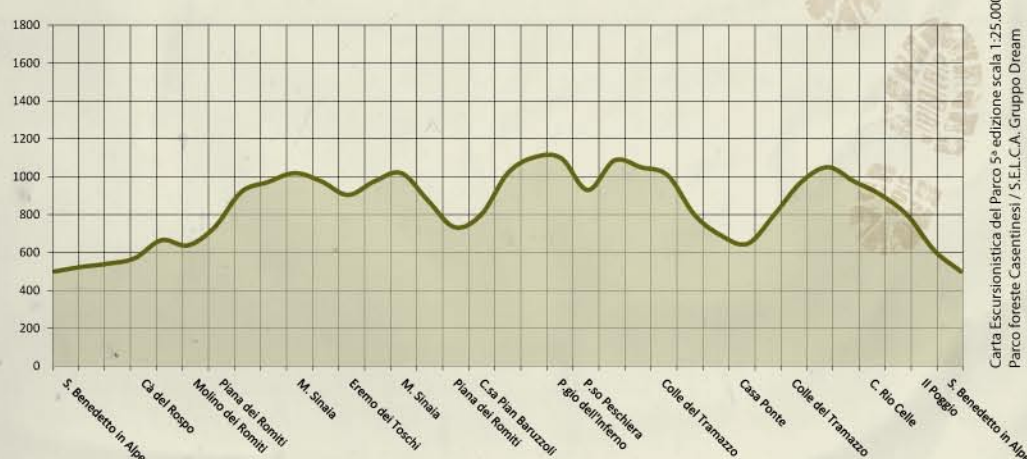
5 hours, 11 km length, 550 m uphill height difference, 200 m downhill

Second day:

6 hours, 15 km length, 650 m uphill height difference, 1000 m downhill

Third day:

4 hours, 8 km length, 400 m uphill height difference, 550 m downhill



Carta Escursionistica del Parco 5ª edizione scala 1:25.000. Ente Parco Foreste Casentinesi / S.E.L.C.A. Gruppo Dream

Acquacheta and Alto Tramazzo

DA RIFUGIO
A RIFUGIO



A three-day hike along the valley of Acquacheta and the high valley of Tramazzo, leading to the famous waterfall mentioned by Dante in the 16th canto of the Inferno, through old farms, some of which are still inhabited today, and ancient mills, a sign of the past presence of mankind.

ring route 1



1 • Acquacheta and Alto Tramazzo

FIRST LEG > From S. Benedetto in Alpe you reach the entrance to the Nature Trail of Acquacheta, close to the rest area located just uphill of the village, at the beginning of the road to Tredozio. The first part of the route follows the path of the Nature Trail, leading to the famous waterfall mentioned by Dante in the 16th canto of the Inferno. The hike will then be pleasantly accompanied by instructive panels, illustrating the main features of the valley, an interesting chance for improving one's knowledge. Proceeding gently up path 407, we soon come into the Ca' del Rospo bivouac, and further along the ancient Mulino dei Romiti, evidence of a past settlement on the valley. The path will now climb up to the vantage point, where one may admire the waterfall and, proceeding further, the smaller but no less fascinating waterfall of Torrente Lavane.

From here, one last uphill trek leads to Piana dei Romiti, a beautiful plateau surrounded by steep slopes at the foot of Monte Lavane, owing its shape to the ancient presence of a lake which had originated due to a landslide. These and other events seem to explain the current flow of the Acquacheta and the jump taken by the stream in the vicinity of the fall, for over 70 metres. Increasing the location's grandeur, we must point out the ancient presence of a hermitage founded by the Monks of the Abbey of San Benedetto precisely here.

After Romiti, our route continues initially along path 407 and then, after crossing the stream, along path 409 allowing to gain altitude until reaching Balze Trafossi and M. di Londa. A little further, upon reaching the forest road, take the road to the right along path 419 until the junction at Il Crocione. Here we finally descend to the Leg Destination, visible to the left in a spectacular historical and naturalistic scenery: the Hermitage of Toschi or Hermitage of Santa Maria.

SECOND LEG > On the second day the forest road from the previous day will need to be retraced in the opposite direction until the junction with path 411A. In this case the descent towards Piana dei Romiti follows a stretch of forest road and path 411, until once again reaching Romiti and the Lavane waterfall. Upon reaching the vantage point of the Acquacheta waterfall, take path 429 to the left, initially ascending gently and then with rather steep sections until Poggio dell'Inferno. The effort will however be soothed by the wonderful view of wide pastures, enjoyable on both sides of the path, and of the ridge leading from Monte Lavane to Passo Peschiera. After passing Poggio dell'Inferno, the pass is reached continuing to the right along the forest road signposted 555. From Passo Peschiera we continue on path 555, leading us up the ridge between the Montone basin and the Lamone basin, where we can admire the Hermitage of Gamogna, not far from these locations, and the upper valley of Torrente Acerreta.

Then, upon reaching Cozzo del Diavolo, descend towards the forest road of Tramazzo along path 553 and continue towards M. Collina until reaching Poggio Gurioli. From here, take path 561 which leads to the Nature Trail of Lago di Ponte and the second Leg Destination of our ring route, Rifugio Casa Ponte.

THIRD LEG > On the third day we will have to walk back up to Colla del Tramazzo, once again through part of the Nature Trail. Upon reaching the forest road marked with signpost 553, proceed once again towards M. Collina, but turning to the right onto path 415 after a few hundred metres, taking us along a pleasant descent straight towards the starting point of the ring route. Initially plunged in the shade of the beech trees, the path soon opens up giving us splendid views of the hills of S. Benedetto in Alpe. Continuing until almost at the road, we turn to the left arriving directly within the most ancient centre of S. Benedetto, the Poggio, which encloses the remains of one of the oldest Benedictine abbeys, founded around the year one thousand by Saint Romualdo, founder of the Camaldolese order. After a visit to the church and the ancient crypt, walk down to the lower end of the village and, from here, back to the starting point.

FIRST NIGHT

Agriturismo Eremo dei Toschi or Eremo di Santa Maria

Loc. Eremo, 58

50060 San Godenzo (FI) - Tuscany

Phone 340.3258726

sebula@lamiamail.net • www.parks.it/loc/eremo.dei.toschi

House pets welcome.

SECOND NIGHT

Rifugio Casa Ponte

Loc. Lago di Ponte

47019 Tredozio (FC) - Emilia-Romagna

Phone 3922155096 • casapontetredozio@libero.it

House pets welcome.



Parco Nazionale
Foreste Casentinesi
Monte Falterona
e Campigna



DA RIFUGIO
A RIFUGIO

Parco Nazionale
Foresta Cavanina
Monte Fallerone
e Campagna

PARTENZA

1 • ACQUACHETA AND ALTO TRAMAZZO