

## Departure and arrival:

Partina

## Public transport:

LINE H02 departing from Bibbiena or Poppi (Etruria Mobilità)

## Support facilities:

Rifugio Asqua and Badia Prataglia (Rifugio Escursionistico Casanova, Locanda Carbonile, Albergo Giardino, Hotel Boscoverde, Albergo La Foresta, Residence Gloria)

## Difficulty: 5



## First day:

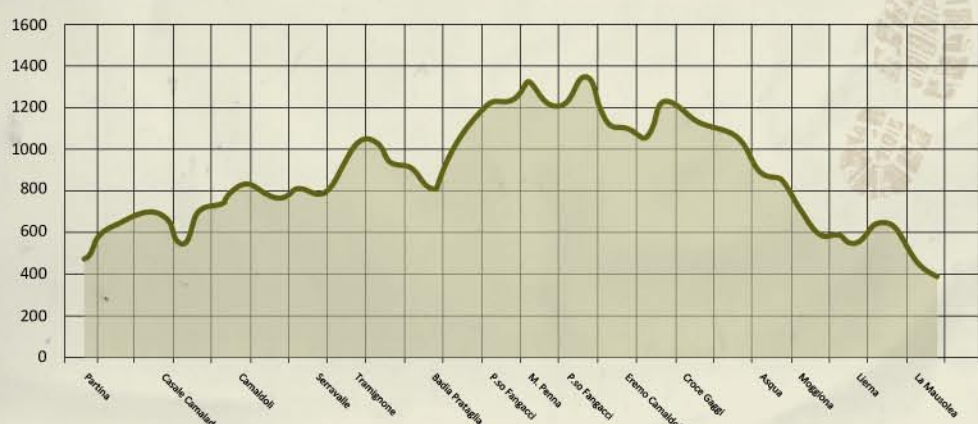
7 hours, 17 km length, 950 m uphill height difference, 450 m downhill

## Second day:

7 hours, 17 km length, 850 m uphill height difference, 800 m downhill

## Third day:

4 hours, 13 km length, 150 m uphill height difference, 650 m downhill



# The thousand-year forest of Camaldoli



A ring route that develops around the forest of Camaldoli, linked to the thousand-year old history of Sacro Eremo, the hermitage founded by S. Romualdo in 1023, and of the monastery of the same name. Between Badia Prataglia and Sacro Eremo, the ascent to M. Penna is unmissable, being one of the most beautiful panoramic terraces over Romagna and Foresta della Lama.

ring route 7



## 7• The thousand-year forest of Camaldoli

**FIRST LEG >** Our journey begins from the centre of the town of Partina: taking path 68, we cross the small village of Freggina, to then walk upwards and enter the Park. At the junction we continue to the right, and around us we will find a mixed forest, a ruin, an old farm, Fosso delle Barberine, and the Casale Camalda farmhouse. We now walk downhill for a few minutes on a gravel road, to then turn left upon reaching a row of houses. We then follow path 68 to reach Camaldoli, paying special attention to the crossroads we come across along the way: the turkey oak woods change into an old chestnut grove, skirting the Camaldoli ditch and leading us into the presence of the great Monastery. Following path 70°, we turn to the right, cross the bridge, and reach the other end of the ditch. Continuing along the path and, in the last stretch, a narrow road, we will then reach the village of Serravalle and its tower. From this point on, path 66 leads us upwards to a group of houses, Il Piano, and further ahead to the old houses of Tramignone. At the crossroads we turn to the right and proceed along path 60, making the most of the panoramic points over Serravalle, lower Casentino, and Badia Prataglia, which is the town we will reach after having passed the Acquafredda ditch.

**SECOND LEG >** We leave Badia Prataglia heading up next to the La Foresta hotel, and after a few minutes we enter path 84 until the village of Il Capanno. From here we cross the road and, skirting the sports field, we turn to the right to reach the Fiume d'Isola ditch and a waterfall hidden within the beech forest. We now cross the ditch and turn to the left, following the Nature Trail. Approaching the wooden bridge, our route continues to the left until the paved road, which we leave to take the path until Rifugio Fangacci. From here a deviation of about an hour can be considered, up to the summit of Monte Penna using path 225. Two paths depart from Fangacci, on the left-hand side of the parking lot: we follow path 00 through the monumental beechwoods of Poggio Tre Confini until Prato alla Penna. At the lower left side of the pass, path 74 leads us into the fir woods until the Camaldoli hermitage. After a well-deserved rest, we once again take to the road and, after the Prato al Fiume bridge, path 74 heads back into the woods: not just silver firs, but also beech trees, which from here on will become dominant. Returning to the correct altitude can be trying: upon reaching the ridge, just descend on the left until Bivacco Secchieta and the fir woods of Poggio Muschioso until La Rota, and departing from here along path 72 we will reach the shelter in Asqua.

**THIRD LEG >** The last day's hike is almost completely downhill. We go briefly back along the road and then turn to the right on path 92. From here the spectacular crest of Sasso della Croce begins, covered with marl and sandstone outcrops, all the way to Moggiona. We cross the village of Bigonai and reach path 92, which enters the small valley of the Sova stream, until the ruins of the mill of Moggiona. Approaching Lierna, the fields become more common and the countryside announces our exit from the park. From the ancient village of Lierna we follow path 92: exiting the fields, we reach a beautiful isolated house located on a hill. From here the path leads us to the area of San Martino a Monte and into the vineyards of La Mausolea, an ancient countryside residence of the Camaldoli monks, which deserves a stop and a visit to its famous wine cellars. The final part of our route skirts along the paved road headed to Soci, leading us to the village square with the bell tower to the left: it belongs to the ancient church, which has now been transformed into the "Berretta Rossa" auditorium. We turn to the right, and after passing underneath an arch we exit the historical centre of the village. Now all we need to do is reach the river and the bike path to Partina.

## FIRST NIGHT

### Rifugio Escursionistico Casanova

Loc Casanova, 3  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559897  
Cell phone: 366.5849069  
335.1230615  
casanova@rifugionelcasentino.it  
www.rifugionelcasentino.it  
Free Wi-Fi connection available.

### Locanda Carbonile

Via Mandrioli, 2  
52010 Badia Prataglia (AR) - Tuscany  
prenotazioni@lamacina.it  
tel. 0721.700226  
Cell phone: 344.1577936  
335.1230615 - 366.584 9069  
locanda@carbonile.it  
prenotazioni@lamacina.it

### Albergo Giardino

Via Nazionale, 15  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559016  
hotelgiardino@virgilio.it  
www.parks.it/alb/giardino  
House pets welcome

### Hotel Boscoverde

Via Nazionale, 8/10  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559017  
Fax: 0575.559430  
boscoverde@technet.it  
www.hotelboscoverde.com  
House pets welcome  
Free Wi-Fi connection available.

### Albergo La Foresta

Via Nazionale, 13  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559009  
Cell phone: 339.6197427  
info@albergolaforesta.eu  
www.albergolaforesta.eu  
House pets welcome  
Free Wi-Fi connection available.

### Residence Gloria

Via Nazionale, 47/B  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559332 - 0575.559019  
Cell phone: 342.0252538 - 342.1482953  
info@casavacanzeresidencegloria.it  
www.casavacanzeresidencegloria.it  
House pets welcome  
Free Wi-Fi connection available.

## SECONDA NOTTE

### Rifugio Asqua

Località Asqua  
52014 Camaldoli (AR) - Tuscany  
Cell phone: 339/5644292  
asqua@asqua.it • www.asqua.it  
House pets welcome  
Free Wi-Fi connection available.





DA RIFUGIO  
A RIFUGIO

Parco Nazionale  
Foresta Camaldoli  
Monte Fattoruso  
e Campigna

PARTENZA

## 7 • THE THOUSAND-YEAR FOREST OF CAMALDOLI