

**Departure and arrival:**  
Campigna

**Public transport:**  
LINE 132 departing from Forlì (Start Romagna)

**Support facilities:**  
Rifugio Cà di Sopra and Badia Prataglia (Rifugio Escursionistico Casanova, Locanda Carbonile, Albergo Giardino, Hotel Boscoverde, Albergo La Foresta, Residence Vittoria)

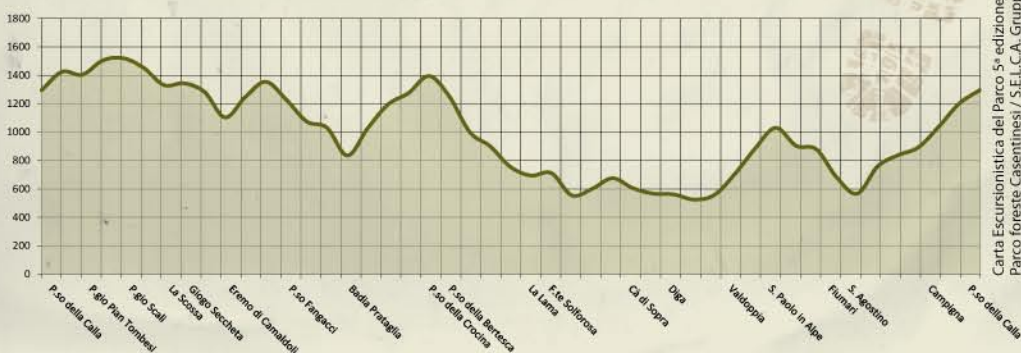
**Difficulty: 5**



**First day:**  
7 hours, 16 km length, 500 m uphill height difference, 1200 m downhill

**Second day:**  
6.5 hours, 14 km length, 850 m uphill height difference, 850 m downhill

**Third day:**  
7 hours, 15 km length, 950 m uphill height difference, 500 m downhill



Carta Escursionistica del Parco 5ª edizione scala 1:25.000. Ente Parco Foreste Casentinesi / S.E.L.C.A. Gruppo Dream

# A route within the heart of the Park

A challenging ring route for well-trained hikers, it is perhaps the most complete one and it allows us to cross some of the areas of greatest naturalistic interest within the National Park, as well as certain unique locations for their historical and religious importance: from the Hermitage of Camaldoli, passing through the magnificent Lama Forest, reaching the Ridracoli Dam and the evocative plateau of S. Paolo in Alpe.

ring route 3



## 3 • A route within the heart of the Park

**FIRST LEG >** The departure of the ring route is from the town of Campigna: from here, path 2047 leads us uphill towards Passo della Calla, where the 00 route begins with its classic crossing that reaches the Hermitage of Camaldoli passing through La Grogana, a name that recalls the silver fir log transport activity in the Casentino Forests, which was once carried out using yoked ("aggiogato") oxen. The first part of the route proceeds gently uphill, skirting the Integral Reserve of Sasso Fratino, the first integral reserve established in Italy in 1959, and leads us to Poggio Scali, an authentic panoramic terrace where we can admire the eroded and tormented landscape of the side of the Park that lies in the Romagna region, compared with the sweet and tree-filled Tuscan side. From Poggio Scali the path descends until Fonte del Porcareccio and La Scossa, then proceeding slightly uphill towards Giogo Seccheta. Having reached Prato Bertone, a detour to the right on path 68 allows us to reach the Hermitage of Camaldoli. From the Hermitage we then continue upwards on route 00, through path 74, in correspondence with Prato alla Penna, from which we continue until we reach Rifugio dei Fangacci. Here we can point out the possibility of a short detour towards the peak of Monte Penna, where we can enjoy a view of rare beauty over the Lama forest. Back at Fangacci, we finally begin our descent towards Badia Prataglia, along part of the Nature Trail and through path 84 until reaching the centre of the village, where each one can choose the best structure according to their needs. If Rifugio Casanova is chosen, we recommend taking path 72 directly from Il Capanno.

**SECOND LEG >** The following day we begin our slow ascent towards Passo della Crocina, through path 60, and after Campo dell'Agio, continuing on path 64, we soon come into Buca delle Fate, one of the most important natural caverns in the Park, a place of considerable naturalistic and geological interest. From Passo della Crocina we continue along path 2017 until Passo della Bertesca, where we begin to dive into Lama Forest, then taking a detour to the left on path 223, which follows the Fosso dei Forconali and allows us to reach the Lama plateau and to cross some of the most beautiful stretches of forest in the National Park. As an alternative, we can suggest the possibility of retracing our steps from Badia Prataglia to Passo dei Fangacci. From here we can take path 227 (and later 229), which descends along the steep and demanding Fosso degli Scalandrini, one of the three ditches that flow into the Lama. Path 227, perhaps even more inspiring than path 223, is however recommended only for experienced hikers, due to the presence of natural rock steps and notable downhill height difference. After the Lama, a beautiful marshy plateau of great historical and naturalistic interest surrounded by steep slopes, the path continues along the forest road towards Cancellino, to then detour to the left on path 235 and to the left again on path 237, allowing us to finally skirt Ridracoli Lake and, after various ups and downs, to reach Rifugio Cà di Sopra, our second day's destination.

**THIRD LEG >** On the third day we continue along path 239 until reaching the Ridracoli dam, and from here we descend along the service road, turning to the left after about 1 km, on path 233. Ascending along the Rio Bacine valley through the ruins of old farms, we now reach S. Paolo in Alpe, one of the most evocative locations in the National Park, an allied launch field during the Resistance and a place of combat between German troops and partisan groups. From S. Paolo our journey descends once again along path 255 until the village of Fiumari. From here we can reach the forest road and continue towards S. Agostino to begin the slow ascent towards the starting point of our ring route. From Villaneta we now proceed on path 243 until Campigna, the whole route's starting point.

### FIRST NIGHT

**Rifugio Cà di Sopra**  
Località Ridracoli  
47021 Bagno di Romagna (FC) - Emilia-Romagna  
Cell phone: 347.1947418  
ladigadiridracoli@atlantide.net  
www.atlantide.net

### SECOND NIGHT

**Rifugio Escursionistico Casanova**  
Loc Casanova, 3  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559897  
Cell phone: 366.5849069 - 335.1230615  
casanova@rifugionelcasentino.it  
www.rifugionelcasentino.it  
Free Wi-Fi connection available.

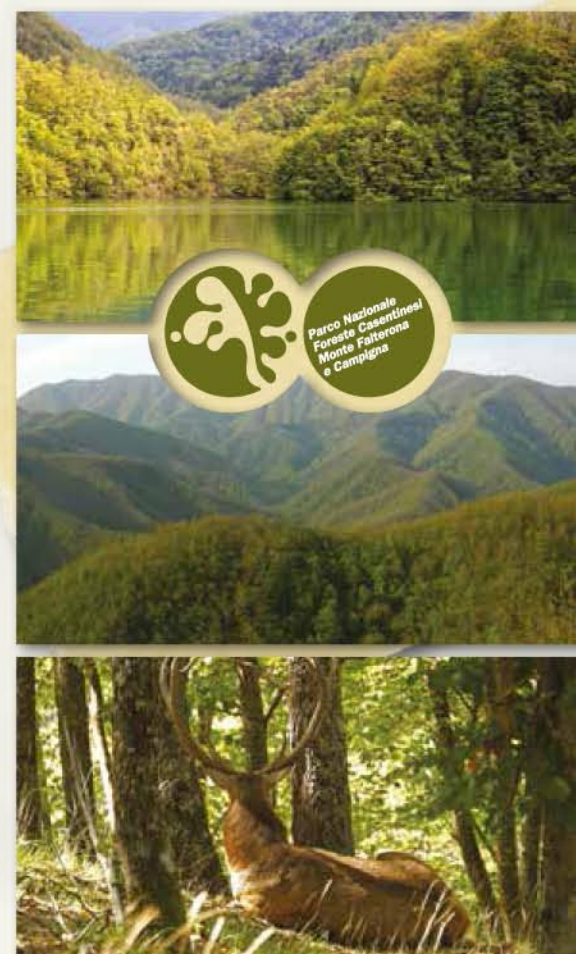
**Locanda Carbonile**  
Via Mandrioli, 2  
52010 Badia Prataglia (AR) - Tuscany  
prenotazioni@lamacina.it  
tel. 0721.700226  
Cell phone: 344.1577936  
335.1230615 - 366.584 9069  
locanda@carbonile.it  
prenotazioni@lamacina.it

**Albergo Giardino**  
Via Nazionale, 15  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559016  
hotelgiardino@virgilio.it  
www.parks.it/alb/giardino  
House pets welcome

**Hotel Boscoverde**  
Via Nazionale, 8/10  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559017  
Fax: 0575.559430  
boscoverde@technet.it  
www.hotelboscoverde.com  
House pets welcome  
Free Wi-Fi connection available.

**Albergo La Foresta**  
Via Nazionale, 13  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559009  
Cell phone: 339.6197427  
info@albergolaforesta.eu  
www.albergolaforesta.eu  
House pets welcome  
Free Wi-Fi connection available.

**Residence Gloria**  
Via Nazionale, 47/B  
52010 Badia Prataglia (AR) - Tuscany  
Tel: 0575.559332 - 0575.559019  
Cell phone: 342.0252538 - 342.1482953  
info@casavacanzeresidencegloria.it  
www.casavacanzeresidencegloria.it  
House pets welcome  
Free Wi-Fi connection available.





DA RIFUGIO  
A RIFUGIO



PARTENZA

RISERVA NATURALE INTEGRALE DI SASSO FRATINO